

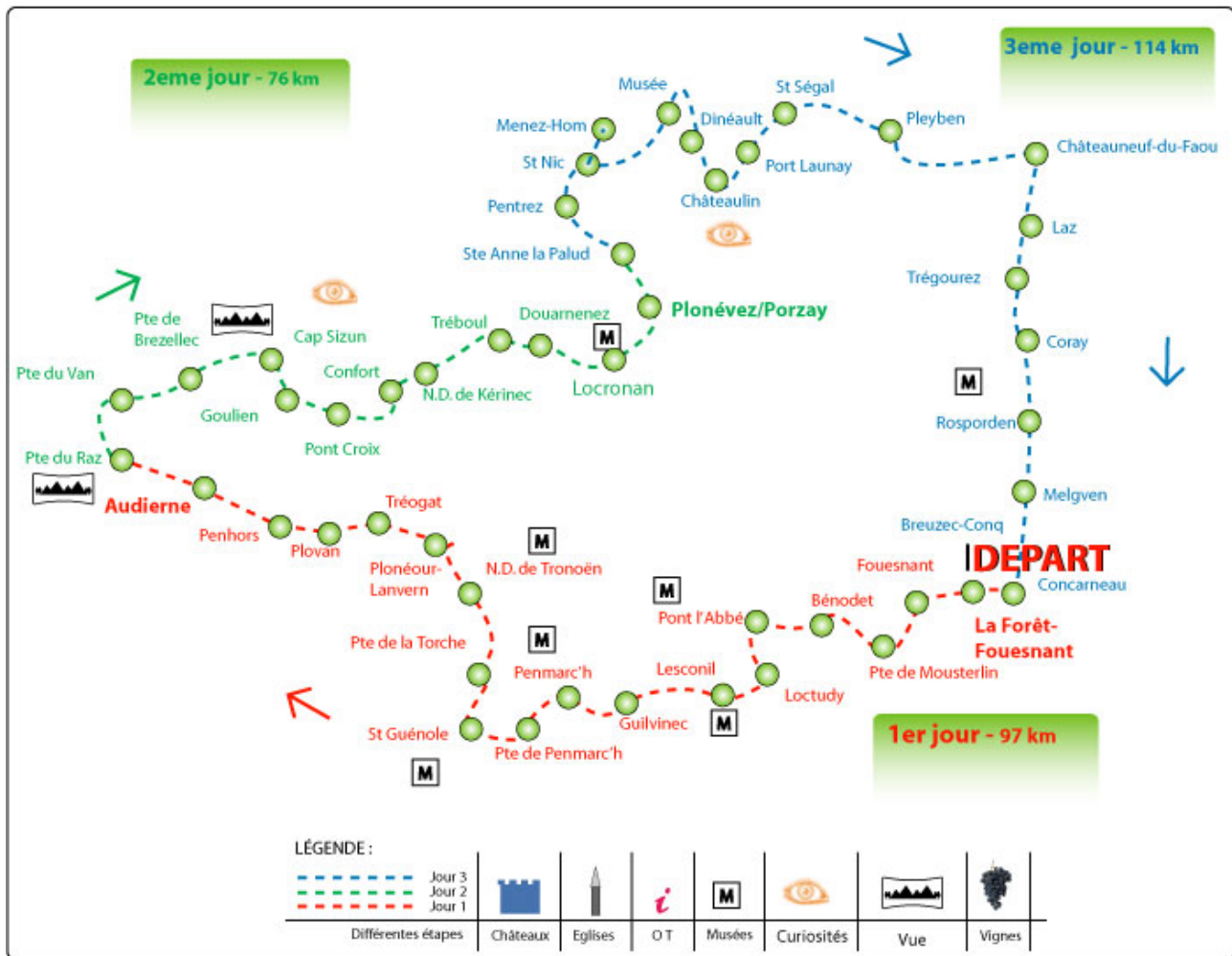
A journey to the end of the ancient world Circuit N°34



his itinerary will lead you to the end of the ancient world.

From the Pointe du Raz you will face the spray from the open sea immensity All along your itinerary you will discover the richness of the Breton religious art.

<i>The travel book recommend the number of minimum days which can be devoted to the itinerary.</i>



Endowed with a high quality of natural and landscaped heritage with fine sand beaches, high cliffs, capes and wild creeks, islands inhabited with birds, sanctuaries for plants, Brittany reveals its varied sides in an oceanic climate both mild and tonic.

What to discover : The thalassotherapy centres joining sport and relaxation (Bénodet, Douarnenez, quiberon, Roscoff, St Malo, Perros-Guirec), castles, mansions, manor houses, religious monuments, lighthouses (Saint-Mathieu, Trézien, l'Île Vierge, Le Stiff, Créac'h...), the cities of art and history Auray, Concarneau, Dinan, Fougères, Quimper, Rennes, Saint-Malo, Vitré, Vannes.

Local Produce / Gastronomy : seafood, fishes, Plougastel strawberries, cotriade, pancakes, KOUIGN-AMANN, chitterlings sausages from Guéméné, Breton custard tart with prunes, Pont-Aven pancakes, cider, pommeau.

Traditional Handicraft : Quimper glazed earthenware, ceramics from Cornouailles, Celtic jewels, lighthouses (Saint-Mathieu, Trézien, l'Île Vierge, Le Stiff, Créac'h...), the cities of art and history Auray, Concarneau, Dinan, Fougères, Quimper, Rennes, Saint-Malo, Vitré, Vannes.

Local Produce/Gastronomy : seafood, fishes, Plougastel strawberries, cotriade, , pancakes, KOUIGN-AMANN, chitterlings sausages from Guéméné, Breton custard tart with prunes, Pont-Aven pancakes, cider, pommeau.

Traditional Handicraft : Quimper glazed earthenware, ceramics from Cornouailles, Celtic jewels.



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Day 1 :

The domain of the Stang manor a XVth and XVIIIth century manor house surrounded by gardens, woods and ponds will provide charm and peace.

As soon as you start this Itinerary you will be surrounded by the variety and beauty of the Breton religious art. A good example is provided by the enclosed parochial unit of La Forêt-Fouesnant and more particularly the church baptistery.

After having travelled around the bay you will cross wooded stretches and at their end the splendid panorama of the Moustierlin headland will appear.

Before arriving in Bénodet have a look at the church tower with open work design of the chapel Sainte-Brigitte built in the XIIth century.

The river tourism lovers will take advantage to sail upstream the river Odet when leaving Bénodet to reach Quimper through the Kérogan bay.

At Pont-l'Abbé you may come across a Bigoudène wearing the typical high headdress.

In Loctudy near the fishing port the Roman church has been watchful on the sailors' destiny since the XIIth century.

Along the coast road you will reach the Penmarch headland. After a visit to Saint-Nonna church with its flamboyant Gothic style you will have the opportunity to climb the 1 307 steps of the Eckmühl lighthouse to enjoy an exceptional panorama over the Audierne bay. In the distance you will admire the Pointe du Raz, the « the ancient world » head land. Amid wild dunes you will discover a masterpiece which belongs to a masterpiece of Breton religious art, the wayside cross of the Notre-Dame-de-Tronoën chapel.

By travelling along the Audierne bay you will reach your evening home for the sunset.

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Day 1 : Road book

Crossed places and towns	N° of crossed roads	KM	Comments
LA FORET-FOUESNANT	D44	0.0	
FOUESNANT	D145	5.0	
KEMEINT	D145	4.0	
MOUSTERLIN	D145	2.0	
KERMEINT	D134	2.0	
CROISEMENT	D44	2.0	
CROISEMENT	D	2.0	
LETTY	D	0.0	
POINTE DE BENODET	D	0.0	
BENODET	D44	3.0	
PONT-L'ABBE	D2	9.0	
LOCTUDY	D	6.0	
KERGALL	D	0.0	
LESCONIL	D	0.0	
GUILVINEC	D	15.0	
PENMARCH	D185	5.0	
SAINT-PIERRE	D80	3.0	
SAINT-GUENOLE	D	2.0	
POINTE DE LA TORCHE	D	3.0	
CALVAIRE NOTRE-DAME-DE-TRONO	D	3.0	
PLONEOUR-LANVERN	D2	5.0	
TREOGAT	D	4.0	
PLOVAN	D	0.0	
CROISEMENT	D40	7.0	
PENHORS	D	1.0	
PORS POULHAN	D	0.0	
PLOUHINEC	D784	10.0	
AUDIERNE	D784	4.0	

1



Day 1 : The lodgings suggested by french-itinerary.com

. LA FORET DE FOUESNANT

Manoir du Stang (Hôtel) - Manoir du Stang - 29940 LA FORET DE FOUESNANT
Phone : 0298569737 - fax 0298569737 - @ : manoirdustang@wanadoo.fr

. LA FORET-FOUESNANT

Hôtel de l'Espérance (Hôtel) - 6 rue Charles de Gaulle - 29940 LA FORET-FOUESNANT
Phone : 0298569658 - fax 0298514225 - @ : hotel.esperance@wanadoo.fr

. FOUESNANT

La Pointe du Cap Coz (Hôtel) - 153 avenue de la Pointe - 29170 FOUESNANT
Phone : 0298560163 - fax 0298565320 - @ : bienvenue@hotel-capcoz.com

Hôtel de la Cale (Hôtel) - 34 rue des Glénan - 29170 FOUESNANT
Phone : 0298949718 - fax 0298944366 - @ : hoteldelacale@wanadoo.fr

Hôtel Belle Vue (Hôtel) - 30 descente de Bellevue - 29170 FOUESNANT
Phone : 0298560033 - fax 0298516085 - @ : hotel-belle-vue@wanadoo.fr

. BENODET

Le Grand Hôtel Abbatiale (Hôtel) - 4 avenue de l'Odet - 29950 BENODET
Phone : 0298662166 - fax 0298662150 - @ : abbatiale.benodet@wanadoo.fr
Fait partie du Pass'Reve, Consultez la rubrique Bons plans

Hôtel Ker-Moor (Hôtel) - corniche de la plage - 29950 BENODET
Phone : 0298570448 - @ : kermoor.hotel@wanadoo.fr

Armorik Hôtel (Hôtel) - 3 rue de Penfoul - 29950 BENODET
Phone : 0298570403 - @ : armoric29@aol.com

. PLOBANNALEC

Grand Hôtel des Dunes (Hôtel) - 17 rue Laënnec Lesconil - 29740 PLOBANNALEC
Phone : 0298878303 - fax 0298822344 - @ : grand.hoteldesdunes@wanadoo.fr

. AUDIERNE

Le Goyen (Hôtel) - Port d'Audierne Place Jean Simon - 29770 AUDIERNE
Phone : 0298700888 - fax 0298701877 - @ : hotel.le.goyen@wanadoo.fr

1 Day 1 : Visits selected by french-itinerary.com

. PONT-L'ABBE

Maison du Pays Bigourden - 29120 PONT-L'ABBE
Phone : 0298660909

Château (Château) - 29120 PONT-L'ABBE
Phone : 0298660909

. GUILVINEC

Haliotika (Curiosité)
Phone : 0298582838

. PENMAR'CH

Notre dame de Troëne (Eglise)

Eglise Ste Nonna (Eglise) - 29760 PENMAR'CH
Phone : 0298586016

. PENMAR'CH-ST GUENOL

Musée Préhistorique Finistérien
Phone : 0298586035

Musée Préhistorique Finistérien
Phone : 0298586035

. PENMAR'CH

Notre dame de Troëne (Eglise)

. AUDIERNE

Réserve Ornithologique (Curiosité) - Cap Sizun - 29770 AUDIERNE



Phone : 0298701353

Grands Viviers (Curiosité) - 29770 AUDIERNE



Day 1 : The Notebook practises of french-itinerary.com

. QUIMPER

Office de Tourisme - 7 rue de la Déesse - 29000 QUIMPER

Phone : 0298530405 - fax 0298533133 - @ : office.tourisme.quimper@wanadoo.fr

. FOUESNANT

Office de Tourisme - 49 rue Kérousgné - 29170 FOUESNANT

Phone : 0298560093 - fax 0298566402 - @ : accueil@ot.fouesnant.fr

Cycles Quilfen (Location de vélos) - Port Houvez - 29170 FOUESNANT

Phone : 0298565845

. BENODET

Office de Tourisme - 29 avenue de la Mer - 29950 BENODET

Phone : 0298570014 - fax 0298572300 - @ : benodet.tourisme@wanadoo.fr

. PENMARC'H ST GUENOLE

Office de Tourisme - place du mal Davant - 29760 PENMARC'H ST GUENOLE

Phone : 0298588144 - fax 0298588662 - @ : ot.penmarch@wanadoo.fr

. AUDIERNE

Office de Tourisme - 8 rue Victor Hugo - 29770 AUDIERNE

Phone : 0298701220 - fax 0298702020 - @ : ot.cap.sizun.pointe.du.raz@wanadoo.fr



A journey to the end of the ancient world, Circuit N°34

2 Day 2 :

At the foot of a wooded hill on the Goyen estuary you will enjoy a beautiful hostelry with its blue shutters, Le Goyen.

At the Audierne aquarium discover the Breton aquatic farm life. You will resume your journey by travelling past Lervily headland and by discovering a new flamboyant Gothic art : the chapel of Saint-Tugen.

At the Pointe du Raz you will watch an imposing panorama of the landscapes sculpted by the fury of unleashed elements. The Plogoff hell with its range of reefs and spurs is ended by the Vieille lighthouse provides its striking evidence. You will encounter a succession of headlands :Pointe du Van, Pointe de Brezellec.... When travelling around the Trépassés bay

The Cap Sizun reservation will display the variety of the local fauna. On the banks of the Goyen amble down the Pont-Croix side streets lined with old houses up to the river.

Farther the stained glass windows of Notre-Dame-de-Confort church will attract your attention.

Travel back to the ocean to visit the port-museum of Douarnenez a living conservatory of the sea folks' traditional culture. out of the forest Névet you will discover the mountain which overlooks the most typical village of the rural Brittany. The Locronan square lined with Renaissance houses is a genuine cinema scenery. This houses were inhabited by weavers and merchants.

You might feel nostalgic when leaving this town before encountering another part of history at the Manor of Moëllien.

2 Day 2 : Road book

Crossed places and towns	N° of crossed roads	KM	Comments
AUDIERNE	D	0.0	
SAINTE-EVETTE	D	0.0	
POINTE DE LERVILY	D	3.0	
ESQUIBIEN	D	2.0	
SAINT-TURGEN	D	0.0	
PRIMELIN	D784	3.0	
PLOGOFF	D784	0.0	
LESCAFF	D784	0.0	
POINTE DU RAZ	D784	7.0	
LESCAFF	D	0.0	
POINTE DU VAN	D7	3.0	
CROISEMENT	D	4.0	
POINTE DE BREZELLEC	D7	1.0	
CROISEMENT	D	1.0	
CAP SIZUN	D	6.0	
GOULIEN	D43	2.0	
QUATRE VENTS	D43	0.0	
CROISEMENT	D765	5.0	
PONT CROIX	D765	5.0	
CONFORT	D	5.0	
NOTRE-DAME-DE-KERINEC	D	0.0	
CROISEMENT	D	3.0	
POULLAN-SUR-MER	D7	2.0	
CROISEMENT	D	1.0	
LESCONIL	D	0.0	
TREBOUL	D	4.0	
DOUARNENEZ	D7	2.0	
LOCRONAN	D	10.0	
PLONEVEZ-PORZAY	D	5.0	



Day 2 : The lodgings suggested by french-itinerary.com

. ILE-DE-SEIN

Hotel Restaurant d'Ar Men (Hôtel) - route du Phare - 29990 ILE-DE-SEIN
Phone : 0298709077 - fax 0298709325 - @ : hotel.armen@wanadoo.fr

. AUDIERNE

Le Goyen (Hôtel) - Port d'Audierne Place Jean Simon - 29770 AUDIERNE
Phone : 0298700888 - fax 0298701877 - @ : hotel.le.goyen@wanadoo.fr

. PLOGOFF

Hôtel de la Baie des Trépassés (Hôtel) - Baie des Trépassés - 29770 PLOGOFF
Phone : 0298706134 - fax 0298703520 - @ : hoteldelabaie@aol.com

Kermoor (Hôtel) - route de la Pointe du Raz - 29770 PLOGOFF
Phone : 0298706206 - fax 0298703269 - @ : kermoor.h.rest@wanadoo.fr

. POUILLAN-SUR-MER

Manoir de Kerdanet (Chambres d'Hôtes) - Poullan-sur-Mer - 29226 POUILLAN-SUR-MER
Phone : 0298745903 - fax 0298745903 - @ : manoir.kerdanet@wanadoo.fr

. DOUARNENEZ

Le Clos de Vallombreuse (Hôtel) - 7 rue d'Estienne d'Orves - 29100 DOUARNENEZ

Auberge de Kervec'h (Hôtel) - 42 route de Kervec'h - 29100 DOUARNENEZ
Phone : 0298920758 - fax 0298920358 - @ : contact@auberge-kervec'h.com

. POUILLAN-SUR-MER

Manoir de Kerdanet (Chambres d'Hôtes) - Poullan-sur-Mer - 29226 POUILLAN-SUR-MER
Phone : 0298745903 - fax 0298745903 - @ : manoir.kerdanet@wanadoo.fr

. LOCRONAN

Le Prieuré (Hôtel) - 11 rue du Prieuré - 29180 LOCRONAN
Phone : 0298917089 - fax 0298917760 - @ : leprieure1@aol.com

. PLONEVEZ-PORZAY

Manoir de Moëllien (Hôtel) - 29550 PLONEVEZ-PORZAY
Phone : 0298925040 - fax 0298925521 - @ : manmoel@aol.com

2 Day 2 : Visits selected by french-itinerary.com

. AUDIERNE

Réserve Ornithologique (Curiosité) - Cap Sizun - 29770 AUDIERNE
Phone : 0298701353

Grands Viviers (Curiosité) - 29770 AUDIERNE

Réserve Ornithologique (Curiosité) - Cap Sizun - 29770 AUDIERNE
Phone : 0298701353

. DOUARNENEZ

Musée du Bateau (Château) - 29172 DOUARNENEZ
Phone : 0298926520

Musée à Flot - 29172 DOUARNENEZ
Phone : 0298926730

2 Day 2 : The Notebook practises of french-itinerary.com

. AUDIERNE

Office de Tourisme - 8 rue Victor Hugo - 29770 AUDIERNE
Phone : 0298701220 - fax 0298702020 - @ : ot.cap.sizun.pointe.du.raz@wanadoo.fr

. DOUARNENEZ

Office de Tourisme - 2 rue Docteur Mével - 29172 DOUARNENEZ
Phone : 0298921335 - fax 0298927047 - @ : tourisme.douarnenez@wanadoo.fr



. LOCRONAN

Office de Tourisme - Place de la Mairie - 29180 LOCRONAN

Phone : 0298917014 - fax 0298518120 - @ : locronan.tourisme@wanadoo.fr



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3 Day 3 :

The time is frozen at the Manoir of Moëllien where discussions were held around the granite mantelpiece in the XVIIth century. In the outbuildings the rooms open up to a forest of fragrant pine trees.

Between the head lands of Tréfeuntec and Talagrip the chapel of Sainte-Anne-la-Palud overlooks a fine sand beach.

By climbing one of the highest summit of Brittany (330m) you will enjoy a unique view over the Montagnes Noires and the Crozon peninsula.

At the foot of the « mountain », the chapel Sainte-Marie-du-Ménez-Hom houses XVIIIth century altarpieces.

In the Crozon peninsula at the mouth of the Aulne you will discover a museum about the local school life at the beginning of the XXth century.

At Saint-Ségéal in the regional Natural Park of Armorique the Champs Museum explains the changes of the Breton agriculture.

One of the most beautiful enclosed parochial units in Bretagne stands at the heart of this Armoricaïne countryside.

You will leave the Aulne valley at Châteauneuf-du-Faou, one of the meeting places for the salmon fishermen in France.

At the heart of the Laz forest discover the park of the Trévarez castle and its clumps of camellias, rhododendrons or azaleas.

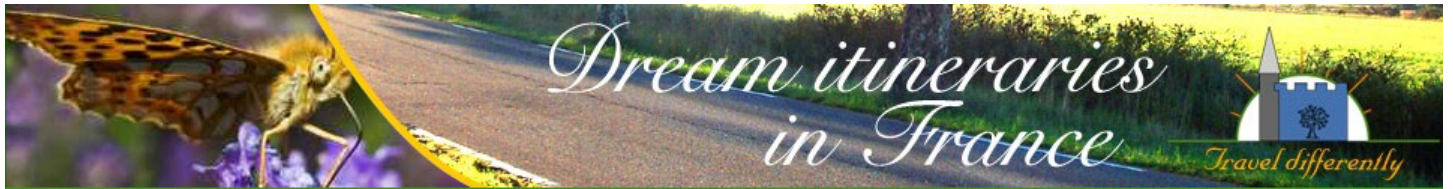
After having crossed the Odet you will reach the banks of the Aven in Rosporden, a major place of the Breton canning factory.

Before touring the « closed town » of Concarneau held in its medieval ramparts you will stop at the Kériolet manor transformed into a medieval castle in the XIXth century..

You will reach Fouesnant along a road which reveals a nice view over the bay of La Forêt-Fouesnant.

3 Day 3 : Road book

Crossed places and towns	N° of crossed roads	KM	Comments
PLONEVEZ-PORZAY	D61	0.0	
SAINTE-ANNE-LA-PALUD	D	0.0	
TY-AN-QUER	D	0.0	
CROISEMENT	D	6.0	
PENTREZ	D108	5.0	
SAINT-NIC	D108	0.0	
CROISEMENT	D83	4.0	
MENEZ HOM	D887	2.0	
SAINTE-MARIE-DU-MENEZ-HOM	D47	2.0	
CROISEMENT	D60	1.0	
TREGARVAN	D60	6.0	
DINEAULT	D	3.0	
CHATEAULIN	D	7.0	
PORT-LAUNAY	D	3.0	
SAINT-SEBASTIEN	D	0.0	
SAINT-SEGAL	D	8.0	
CROISEMENT	D48	2.0	
CROISEMENT	D	1.0	
PLEYBEN	D	0.0	
GARD-MARIA	D	0.0	
LENNON	D	0.0	
CHATEAUNEUF-DU-FAOU	D36	10.0	
TREVAREZ	D36	0.0	
LAZ	D36	0.0	



TREGOUREZ	D36	0.0	
CORAY	D36	21.0	
CROISEMENT	D	2.0	
ELLIANT	D150	7.0	
ROSPORDEN	D24	5.0	
TRINITE	D	5.0	
MELGVEN	D	2.0	
BEUZEC-CONQ	D	0.0	
CONCARNEAU	D	6.0	
LA FORET-FOUESNANT	D	6.0	

Day 3 : The lodgings suggested by french-itinerary.com

. PLONEVEZ-PORZAY

Manoir de Moëllien (Hôtel) - 29550 PLONEVEZ-PORZAY
Phone : 0298925040 - fax 0298925521 - @ : manmoel@aol.com

. CONCARNEAU

Ker-Moor (Hôtel) - Plage des Sables Blancs - 29185 CONCARNEAU
Phone : 0298970296 - fax 0298978404 - @ : contact@hotel-kermor.com

. LA FORET DE FOUESNANT

Manoir du Stang (Hôtel) - Manoir du Stang - 29940 LA FORET DE FOUESNANT
Phone : 0298569737 - fax 0298569737 - @ : manoirdustang@wanadoo.fr

Day 3 : Visits selected by french-itinerary.com

. TREGARVAN

Musée de l'Ecole Rurale en Bretagne
Phone : 0298260472

. CHATEAULIN

Observatoire des Poissons migrateurs (Curiosité) - 29150 CHATEAULIN
Phone : 0298688633

. TREVAREZ

Château de Trévarez (Monument)
Phone : 0298268279

. ROSPORDEN

Eglise (Eglise)
Phone : 0298592165

Day 3 : The Notebook practises of french-itinerary.com

. CHATEAUNEUF DU FAOU

Office de Tourisme - Place Arsegal - 29520 CHATEAUNEUF DU FAOU
Phone : 0298818390 - fax 0298817930 - @ : mairie@chateauneufdu faou.com

. CONCARNEAU

Office de Tourisme - Quai d'Aiguillon - 29185 CONCARNEAU
Phone : 0298970144 - fax 0298508881 - @ : otsi.concarneau@wanadoo.fr

Ets Gloonec (Location de vélos) - 65 avenue Le Lay - 29815 CONCARNEAU